

SEMESTER – III

UCPYE21 - DEVELOPMENTAL PSYCHOLOGY - I

Year/ Sem	Course Code	Title of the Course	Course Type	Course Category	H/W	Credits	Marks 100
II / III	UCPYE21	Developmental psychology - I	Theory	Core	5	5	40+60=100

OBJECTIVES

- To equip the learner with an understanding of the concept and process of human development across the life span.
- To impart an understanding of the various domains of human development

COURSE OUTCOMES (CO)

On completion of the course, the students will be able to:

- Understand the developmental stage of conception through birth
- Gain knowledge on human physical growth and development across life-span
- Explain the developmental stages of infancy and babyhood
- Perceive the various developmental processes of early and late childhood
- Relate various developmental stages of socialization, family, relations and personality development

CO/PSO	PSO					
	1	2	3	4	5	6
CO 1	H	M	H	M	H	M
CO 2	H	M	M	M	H	M
CO 3	H	H	H	M	M	M
CO 4	H	M	H	M	H	H
CO 5	H	M	H	M	M	M

CO/PO	PO					
	1	2	3	4	5	6
CO 1	M	M	H	M	M	M
CO 2	H	H	M	H	M	M
CO 3	H	M	M	L	L	H
CO 4	H	M	H	L	H	H
CO 5	H	M	H	M	H	M

Low-L, Medium-M, High-H

UNIT I: CONCEPTION THROUGH BIRTH

(18 hrs.)

- 1.1. Meaning of developmental changes – Significant facts about development (K1,K2,K3)
- 1.2. Developmental stages – Developmental Issues – Conception of Age.(K1,K2,K3)
- 1.3. Characteristics of the Prenatal Period- How Life begins – Importance of Conception (K1,K2,K3,K4)
- 1.4. Periods of Conception –Periods of Prenatal development – Stages of child Birth (K1,K2,K3,K4)
- 1.5. Types of childbirth – Attitudes of significant people(K2,K3,K4)
- 1.6. Prenatal hazards & complications of low birth weight. (K1,K2,K3,K4)

UNIT II: INFANCY

(18 hrs.)

- 2.1. Characteristics of Infancy(K2,K3,K4)
- 2.2. developmental tasks(K2,K3,K4)
- 2.3. Major adjustment of Infancy (K1,K2,K3,K4)
- 2.4. Conditions influencing adjustment to postnatal life (K2,K3,K4)
- 2.5. Characteristics of the Infant (K1,K2,K3,K4)
- 2.6. Hazards of Infancy. (K2,K3,K4)

UNIT III: BABYHOOD

(18 hrs.)

- 3.1. Characteristics of Babyhood – Developmental tasks of babyhood (K1,K2,K3,K4)
- 3.2. Physical development – Physiological development (K2,K3,K4)
- 3.3. Muscle Control – Speech development (K1,K2,K3)
- 3.4. Emotional behavior – Socialization – Interest in Play (K1,K2,K3)
- 3.5. Development of Understanding – Beginnings of Morality (K1,K2,K3)
- 3.6. Beginnings of Sex-Role typing – Family Relationships – Personality development – Hazards and Happiness. (K1,K2,K3,K4)

UNIT IV: EARLY CHILDHOOD

(18 hrs.)

- 4.1. Characteristics of Early Childhood – Developmental tasks (K1,K2,K3,K4)
- 4.2. Physical development – Physiological habits (K1,K2,K3,K4)
- 4.3. Skills of Early Childhood – Improvement in Speech (K1,K2,K3)
- 4.4. Emotions – Socialization – Play (K1,K2,K3)
- 4.5. Development of Understanding – Moral development – Common Interests (K1,K2,K3)
- 4.6. Sex-role Typing-Family Relationship - Personality development - Hazards and Happiness.(K1,K2,K3,K4)

UNIT V: LATE CHILDHOOD

(18 hrs.)

- 5.1. Characteristics of Late Childhood – Developmental tasks (K1,K2,K3,K4)
- 5.2. Physical development – Skills – Speech improvement (K2,K4)
- 5.3. Emotions and Emotional Expressions – Social groupings and Social behavior (K1,K2,K3,K4)
- 5.4. Play interest and activities – Increase in Understanding (K2,K3,K4)
- 5.5. Moral attitudes and behavior – Interests – Sex-role Typing (K2,K3,K4)
- 5.6. Changes in Family relationships – Personality Changes – Hazards and Happiness.(K4)

Text Books:

1. Hurlock, E. (1980). *Developmental psychology*. New Delhi, India: Tata McGraw Hill Publishing Co.
2. Santrock, J. W. (1999). *Life span development* (7th ed.). New York, NY: McGraw Hill.

References:

1. Berndt, T.J. (1997). *Child development* (2nd ed.). Madison, WI: Brown & Benchmark Publishers.
2. Papalia, D.E., & Olds, S.W. (1994). *Human development* (5th ed.). New York, NY: Tata McGraw Hill.

SEMESTER – IV

UCPYG21 - DEVELOPMENTAL PSYCHOLOGY – II

Year/ Sem	Course Code	Title of the Course	Course Type	Course Category	H/W	Credits	Marks 100
II / IV	UCPYG21	Developmental Psychology - II	Theory	Core	5	5	40+60=100

OBJECTIVES

- To facilitate the process of self-discovery and the development of emotional, cognitive and interpersonal competencies for personal growth and effectiveness using the experiential learning paradigm.
- To inculcate sensitivity to socio-cultural context of human development

COURSE OUTCOMES (CO)

On completion of the course, the students will be able to;

- Understand the developmental process of puberty and adolescence
- Relate the various development process of young adulthood
- Explain the developmental tasks of middle age
- Identify problems related to old age
- Gain knowledge about hazards and happiness in human life-span

CO/PSO	PSO					
	1	2	3	4	5	6
CO 1	H	H	H	M	H	H
CO 2	H	H	H	M	H	H
CO 3	H	M	H	M	M	H
CO 4	H	H	H	M	H	H
CO 5	H	H	M	M	M	H

CO/PO	PO					
	1	2	3	4	5	6
CO 1	H	M	L	M	H	M
CO 2	H	H	M	L	M	M
CO 3	H	M	H	M	M	M
CO 4	H	M	H	H	H	M
CO 5	H	H	L	M	H	M

Low-L, Medium-M, High-H

UNIT I: PUBERTY

[18 Hrs.]

- 1.1. Meaning - Characteristics(K1,K2,K3)
- 1.2. Criteria – Causes (K1,K2,K3)
- 1.3. Age – Growth spurt (K2,K3)
- 1.4. Body changes(K1,K2,K3)
- 1.5. Effects of puberty changes(K1,K2,K3)
- 1.6. Hazards & Happiness.(K1,K2,K3)

UNIT II: ADOLESCENCE

[18 Hrs.]

- 2.1. Characteristics – Developmental tasks(K1,K2,K3,K4)
- 2.2. Physical change – Emotional changes(K1,K2,K3)
- 2.3. Social change – Interest(K1,K2,K3)
- 2.4. Morality – Sex interest and Behaviour(K1,K2,K3,K4)
- 2.5. Family relationships – Personality change(K1,K2,K3)
- 2.6. Hazards & Happiness.(K1,K2,K3,K4)

UNIT III: YOUNG ADULTHOOD

[18 Hrs.]

- 3.1. Characteristics – Developmental tasks(K1,K2,K3,K4)
- 3.2. Changes in interest – Social Mobility(K1,K2,K3)
- 3.3. Sex role adjustments – Vocational adjustments – Marital Adjustments(K2,K3)
- 3.4. Adjustment to parenthood – Adjustment to singlehood(K1,K2,K3,K4)
- 3.5. Hazards of vocational and Marital adjustments(K1,K2,K3)
- 3.6. Success of Adjustment to adulthood.(K1,K2,K3)

UNIT IV: MIDDLE AGE

[18 Hrs.]

- 4.1. Characteristics – Developmental tasks(K1,K2,K3,K4)
- 4.2. Adjustment to physical changes and mental changes(K1,K2,K3)
- 4.3. Social Adjustment – Vocational Adjustment – Adjustment to changed family patterns(K2,K3,K4)
- 4.4. Being single – loss of a spouse – Adjustment to approaching retirement (K1,K2,K3)
- 4.5. Vocational and Marital Hazards(K2,K3)
- 4.6. Adjustment to approaching old age(K2,K3)

UNIT V: OLD AGE

[18 Hrs.]

- 5.1. Characteristics – Developmental tasks(K1,K2,K3,K4)
- 5.2. Adjustment to physical changes – Change in motor and mental abilities(K2,K3,K4)
- 5.3. Changes in interests – Vocational Adjustment(K1,K2)
- 5.4. Retirement – Changes in family life(K1,K2)
- 5.5. loss of a spouse(K1,K2)
- 5.6. Living arrangement for elderly hazards(K1,K2,K3)

Text Books:

1. Hurlock, E. (1980). *Developmental Psychology*. New Delhi: Tata McGraw Hill Publishing Co.
2. Santrock, J. W. (1999). *Life span Development* (7th ed.). McGraw Hill.

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1. Berndt, T.J. (1997). *Child development* (2nd ed.). Madison, WI: Brown & Benchmark Pub.
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